

Chang's Hapkido Academy

Address Topnotch Health Club
3 Tudor Street, London, EC4Y 0AH

Travel Blackfriars mainline and City Thameslink stations are closest. Other stations nearby are Temple & Mansion House (District & Circle lines), and St. Paul's (Central Line). Please see the map attached for more details.

Telephone 07951 535876

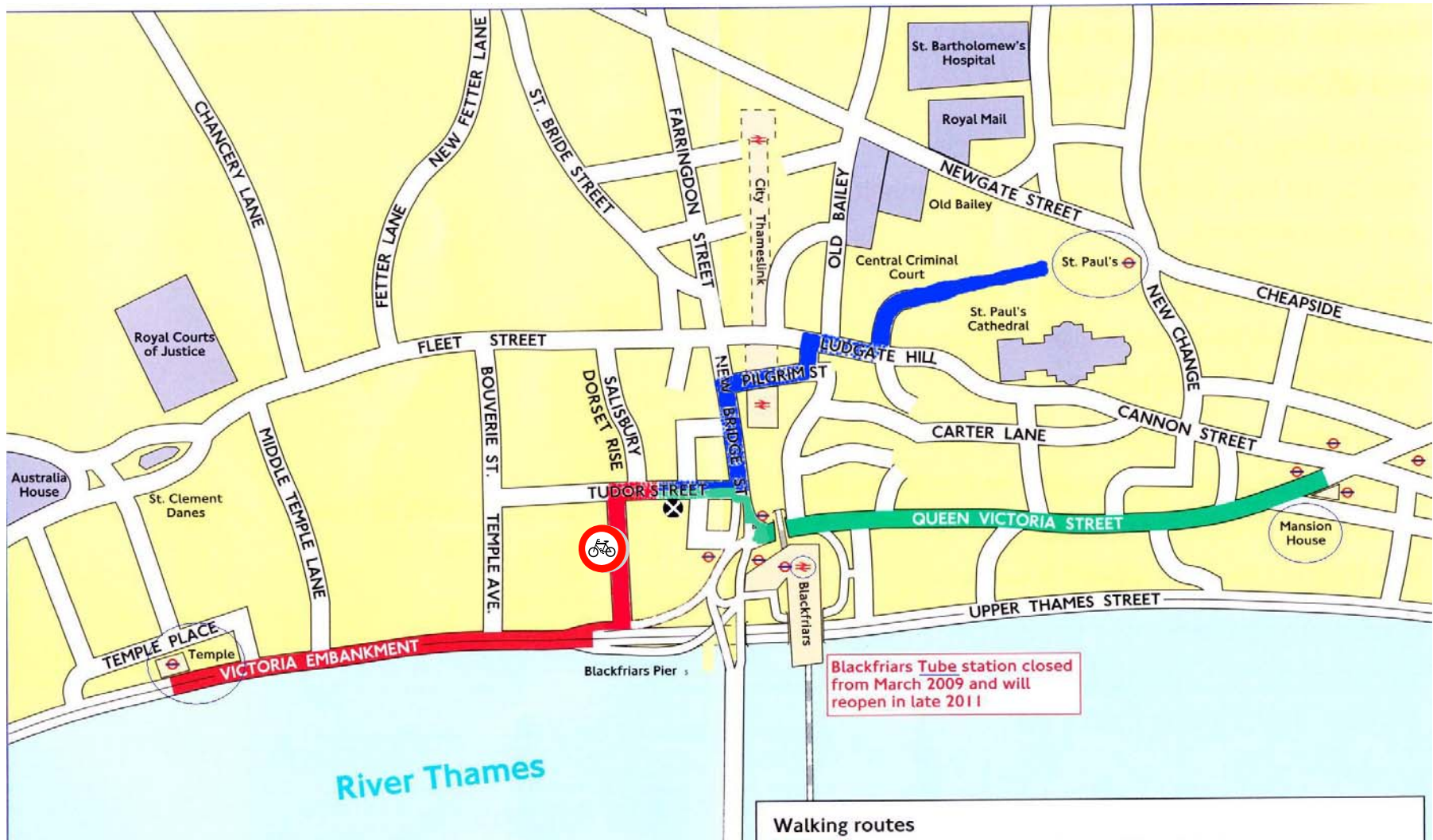
Email tammyparlour@yahoo.com

Instructor Tammy Parlour, 4th Dan

Class Times:

Mon	Tues	Weds	Thurs	Fri
	<p>7.30 - 8.15am Ki Meditation Class</p> <p>8.30 - 9.30am Hapkido Class</p>			<p>7.30 - 8.30am Hapkido Class</p> <p>8.45 - 9.30am Ki Meditation Class</p>
	<p>7 - 7.45pm Ki Meditation Class</p> <p>8 - 9pm Hapkido Class</p>	<p>4 - 5pm Hapkido Class</p> <p>5.30 - 6.15pm Ki Meditation Class</p>	<p>6.30 - 7.15pm Ki Meditation Class</p> <p>7.30 - 8.40pm Hapkido Class</p>	<p>4 - 5pm Hapkido Class</p> <p>6.30 - 7.15pm Ki Meditation Class</p> <p>7.30 - 8.40pm Hapkido Class</p>
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Please note that we are closed on public holidays and for an additional 20 working days each year. Ordinarily these dates fall over Easter, Christmas / New Years and for a few days in August. Please email us to check the dates.



Walking routes	
█	The walk from Temple station is about 8 minutes
█	The walk from Mansion House station is about 9 minutes
█	The walk from St Paul's station is about 8 minutes

Blackfriars mainline & City Thameslink stations are closest.

Other stations nearby are Temple and Mansion House on the **District & Circle** lines, and St. Paul's on the **Central** Line.

There are several dedicated **bike parking** spaces in the vicinity, the nearest at the corner of Tudor Street and Dorset Rise.

There are usually **car parking** spaces available on John Carpenter Street, just off Tudor Street. Parking on the single yellow line is free on Tudor Street after 6.30pm.