

For the first time ever a newly formed partnership known as Martial Heritage introduces twelve of the most respected martial artists around today in a one day seminar under one roof to share with you three of their most effective and favourite techniques.

Martial HERITAGE

History in the Making
**TWELVE MASTERS...
ONE PLACE...
ONE TIME...**

*Possibly the
most exciting
one day seminar
you will ever attend.*

Whether you like Traditional, Modern, Mixed Martial Arts or Ground fighting, you name it this seminar has it. Martial Heritage invites you to come on a journey around the world in one day.

For those of you who are interested in starting martial arts but not quite sure which art to pursue, this seminar will be a great opportunity to make your decision. From chokes to strikes, throws to take downs, from grappling to locks and knife to sticks you can decide which art will suit you best.

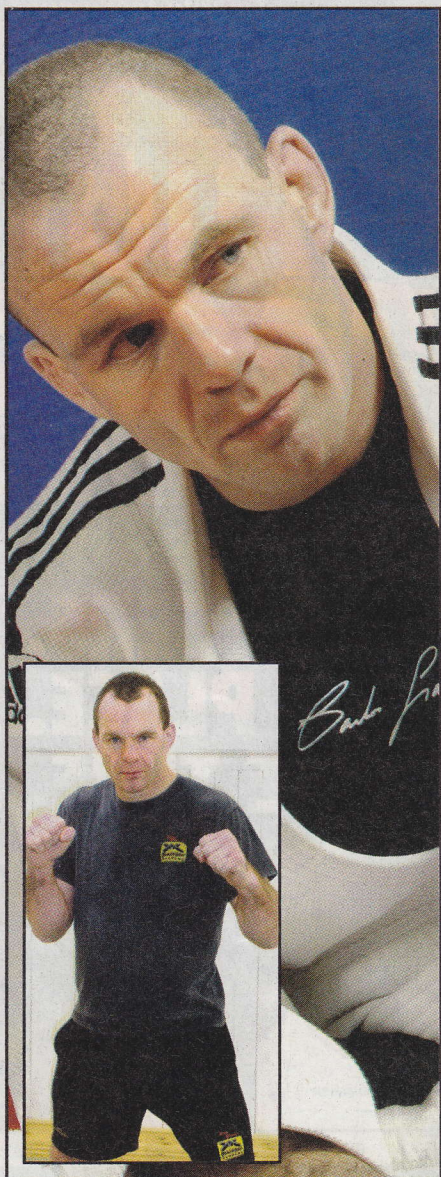
Martial Artists from around the world - sat down and discussed the way forward. Barry Lewis has a background in Wing Chun martial arts and Otto Madarasz has spent many years on the Traditional and Cross Training circuits.

*This
seminar will
revolutionise
the way
seminars
are held!!!*

In attendance is truly an amazing list of top martial artists. This was all possible because two long time friends - Barry Lewis from YYA Limited (a company that he shares with business partner Spencer Devine) who's dedicated to promoting, presenting and preserving Chinese Martial Arts, and Otto Madarasz from Martial Promotions Limited (MPL), a company that provides a forum for traditional and progressive

Martial Heritage hopes that martial arts enthusiast can experience first hand real Traditional and Modern styles from not just one teacher but many. It is an opportunity for just one day to practice and understand that martial arts are rich in knowledge, no matter what part of the world it originates from. The different styles all have something to offer. The following teachers they all are excited about their participation and willing to share their knowledge and make this a day to remember.

THE TEACHERS



Rick YOUNG

'Cross Trainer' Rick Young, the teacher's teacher, student and first full instructor in Europe under the legendary Guro Dan Inosanto.

Rick's understanding of the different martial arts and knowledge of how to flow from one art to another, makes him one of the most sought after martial artist on the European circuit. He has featured on numerous occasions in *Combat*, *Fighters*, *Fighting Arts* magazines as well as having a monthly Cross Training column in the UK premier martial arts publication, *Martial Arts Illustrated*. To list just a few of his credentials he is a second degree Black Belt in Karate, First degree Black Belt in Judo, Black Belt in BJJ, Full instructor JKD-Jun Fan, Full instructor Progressive fighting system, Senior Instructor in the British Combat Association and much more.

Rick will be teaching street wise self defence. With his no nonsense approach to martial arts this will be an eye opener.



Bob BREEN

The Godfather, Bob Breen is one of the early pioneers of JKD and Kali in Europe. He is credited with being the godfather of JKD because he was the first person to bring the legendary Guro Dan Inosanto over to Europe.

One of the world's leading martial arts coaches with a wide range of interest, he is known as one of the foremost experts on knife defence and close quarter combat. With over 35 years of experience he fought for Great Britain in Traditional Karate before discovering Jeet Kune DO and bringing it to UK.

Bob Breen will be showcasing JKD's famous principle of "The Five Ways of Attack" in conjunction with his most effective and favourite techniques of intercepting and destroying your opponent.



Neil ADAMS

Judo specialist Neil Adams, MBE, is the most respected martial artist in the world.

He is the first British man to win a Gold medal at the World Judo Championship. He is two-time Olympic Silver Medallist, European, US, and British Open Champion. He is admired for his abilities and his highly technical style. In the world of Judo he remains a giant.

Judo is considered by many to be the most effective throwing art there is! Neil will be teaching how to effectively throw with minimum amount of effort and how to follow through to the ground. He will also show his famous rolling arm bar.

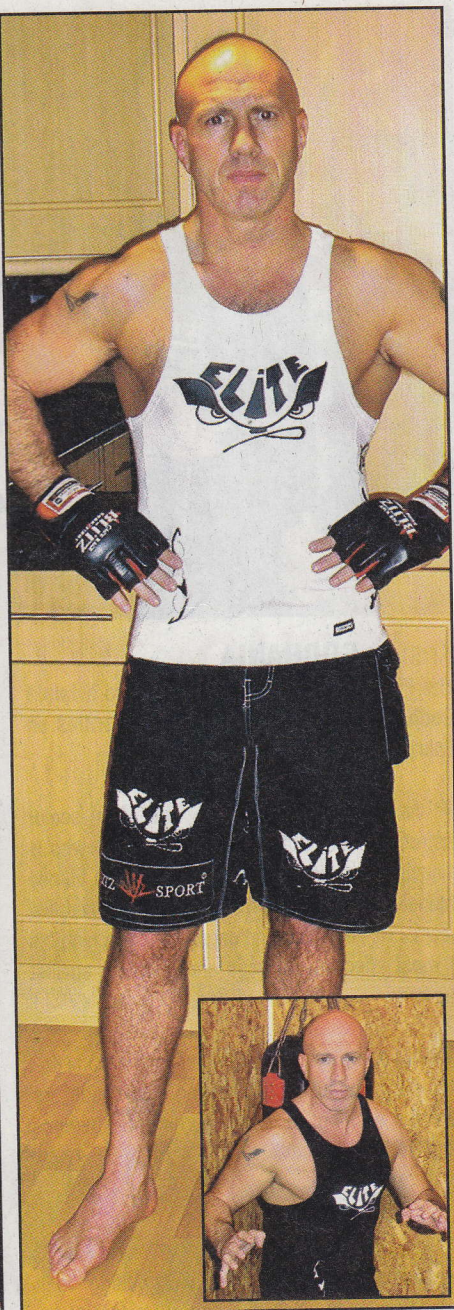


Danny **GUBA**

Grand Master Danny Guba has 42 years of experience in the art of the blade and is Europe's highest ranked Filipino Martial Arts expert.

A 10th degree black belt and foremost authority on Doce Pares multi style system, he is known as the 'Ice Man' and fears no one. A leading exponent of the art of the blade, he is highly respected and accomplished.

With his direct and simple approach to weapons, Danny will teach his most effective defence against the knife. One only need look at his history as one trusted by the president of the Philippines as his personal bodyguard, and as his bullet and knife wounds to prove he walks the walk and talks the talk.

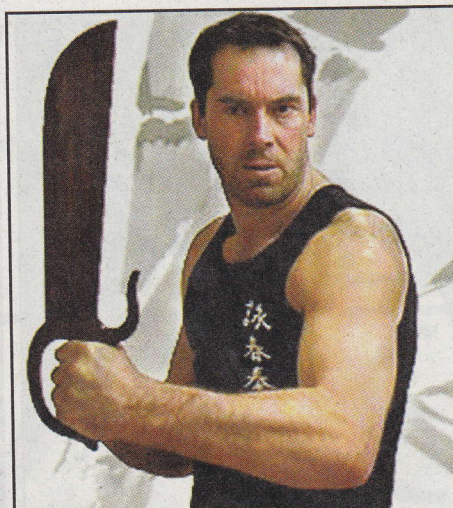


Dave **O'DONNELL**

'Mr. Cage Rage' Dave O'Donnell, co founder of Cage Rage is considered to the most powerful man in Mixed Martial Arts today.

With over 30 years of experience in the combat arena he is a teacher and trainer of champions. Dave started his training in the style taught by the legendary Hungarian Master Lajos Jakab who was known as the man who could kill you with his nose!

Dave will be teaching his effective search and destroy techniques, he has the uncanny ability to cut to the chase "what works and what doesn't work". With Dave's unique Elite Fighting System and understanding of cage fighting, to martial arts fans and cage fighting fans he will be a force to be reckoned with.



James **SINCLAIR**

Mr. Speedy James Sinclair, Master in the art of Wing Chun, is recognised as one to the most talented and explosive teachers in the UK today. Renowned for his speed and control, he is able to unleash 35 punches in 3 seconds on a focus mitt.

James has trained in the Chinese style made famous by the late Grand Master Yip Man for over 33 years. He has acquired a deep understanding of the inner power of Wing Chun. With his simple and direct approach he will be unleashing his art of explosive short range power.

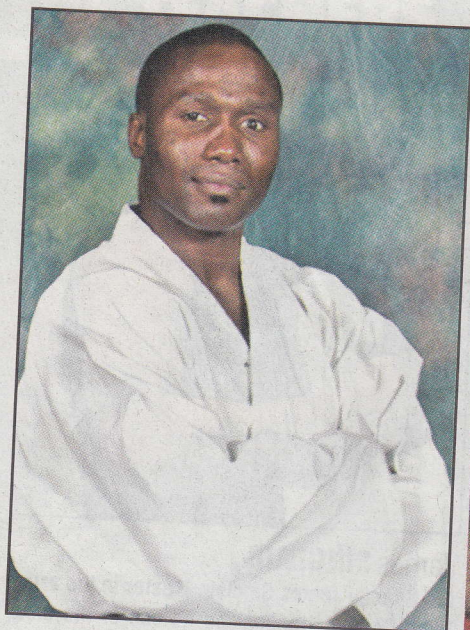


Tammy **PARLOUR**

'Sabounnim' Tammy Parlour is senior instructor at Grand Master Gedo Chang's Hapkido Academy in the UK.

Hapkido is a traditional Korean Martial Art of self defence, it incorporates throws, kicks, punches, joint manipulation, pressure points and meditation. Tammy has trained for 24 years in the art of Hapkido, making her one of the most experienced women in martial arts throughout the UK.

With her relaxed and easy teaching style, Tammy will be demonstrating the 3 fundamental concept of Hapkido, circular motion, the non-resistance and water principle. You will see how she subdues an opponent without causing serious injuries.



Wayne OTTO

Wayne Otto, OBE, Karate, the way of the empty hands, the Japanese art form of self defence.

Japan has 4 main styles of Karate, they are Shotokan, Shito-Ryu, Wado-Ryu and Goju-Ryu, Wayne Otto is Goju-Ryu's main man. With over 18 titles at world level, including 9 world championships, Wayne has spent 23 years in tournament Karate at the highest level. This is a testimony to Wayne's abilities and self-confidence.

The art Goju-Ryu means "hard soft way", using soft circular blocking with quick strong counters delivered in rapid successions. This is Wayne's formula to his so many successful world titles. Wayne will be showcasing his most effective and devastating techniques. If you want to be the best, learn from the best!

This Seminar is a flagship event for Martial Heritage who have spent a great deal of effort putting together a dynamic line up. The goal is to be innovative and progressive. The organisers are confident that the experience for those who will attend will be one to remember.

Martial Heritage would like to acknowledge Bob Sykes for his support and vision. As a special thanks to MAI, any readers who bring a MAI magazine with the voucher below to the seminar will get a discount. For more information, see advert opposite.

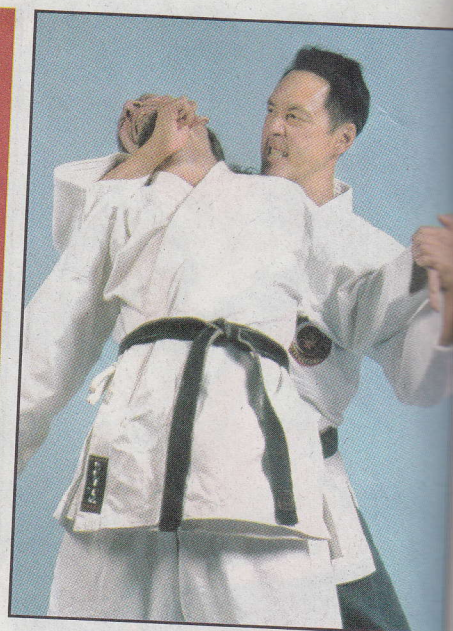


Krishna GODHANIA

The Filipino Martial Arts Expert Guro Krishna Godhanian is one of the leading authorities on Eskrima in the UK.

He has 20 year experience and is a senior instructor under Grandmaster Abnar Pasa who is renowned for his weaponry. Krishna has trained intensively in the art of the knife over the past few years. He is excited and eager to be teaching his 3 most effective defences and counters against the knife.

With his sharp eye and awareness of the blade this will be a confidence boosting instruction for anyone wishing to have learning of defence against a knife attack.



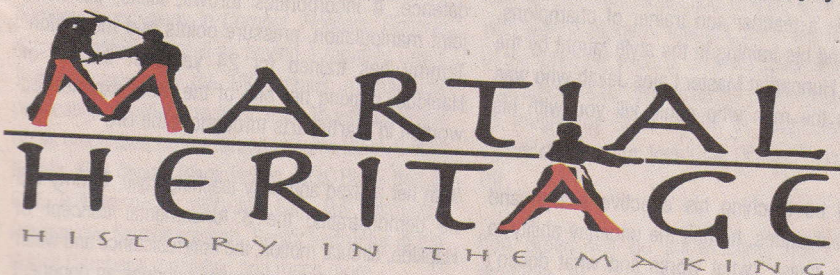
Leon JAY

Professor Leon Jay is a Grand Master of Small Circle JiuJutsu and is son of the founder and world renowned Wally Jay.

Leon has 42 years martial arts experience and in August 2002 in an official ceremony was handed the title of Grand Master. The family art of Small Circle JiuJutsu is a pressure point fighting system that exerts continuous pain during transitions to joints and the body's nervous system.

Its pressure point knock out techniques turn this dynamic art form into a deadly system. With his finger locking techniques and joint manipulation, learn from the professor how to control your opponent with minimum effort.

Please cut out this voucher and bring along on the day you will get £10 discount



Name.....
 Email.....
 or
 Address.....

Saturday 28th October 2006

Castle Green Sports Centre
 Castle Green, Gale Street, Dagenham RM9 4UN

Nearest tube Becontree (District line)
 Bus 62 and 145 Road M25 A13 A406

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